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OBSERVATIONS ON THE MEDICINAL FLORA OF GARHMUKTESHWAR DISTRICT HAPUR IN UTTAR PRADESH STATE OF INDIA

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Abstract

One of the most important parts of any healthcare system is the availability of therapeutically active medications, and medicinal plants provide just that. A vital component of Indian culture and heritage for countless generations is the Indian medical system. Traditional healers (vaidya, hakims) who are similar to modern doctors employed plant-based remedies extensively for the treatment, prevention, and amelioration of both acute and chronic human ailments. India ranks high among Asian nations when it comes to the accumulation of traditional knowledge. Traditional medicine encompasses both structured systems, like Ayurveda, Siddha, Unani, and Greek medicine, and more informal systems, like indigenous, folk, or tribal medicine. All around the globe, traditional medical systems have relied heavily on medicinal plants. Plant medicines play an important role in the Indian medical traditions of Ayurveda, Siddha, and Unani. Among the many plant species found in Uttar Pradesh's Hapur district are several with strong potential as medical remedies. This study delves into the traditional knowledge and medical usage of plants found in the Garhmukteshwar District of Hapur.To understand different ecosystems, one must be familiar with the floristic and vegetative composition of any given area. In order to periodically monitor and evaluate the floristic composition of the region, this is essential for taxonomic field workers. Numerous reclassifications and abundant new plant species have emerged in the years following the release of Sir J. D. Hooker's "The Flora of British India" (1872-1897). Much focus has been placed on an exhaustive study of native floras since the reopening of the Botanical Survey of India in 1954. "Our universities can do excellent work in the selected areas in the neighbourhood of their headquarters," Santapau (1958) proposed. In the silver anniversary edition of "Botanica," Maheshwari (1975) also made remarks and suggestions along these lines. There is a lot of room for improvement in the current state of plant exploration in our nation, and a lot of attractive places and districts that may benefit from more thorough studies of distribution and phenology of various taxa. Consequently, the research being conducted here focuses on the flora of the recently formed district of Hapur. Although Charak was cognizant of the abundance of medicinal plants in the Himalayas, he produced the Ayurveda in the lower Ganga valley. The Charak Samhita states that the entire Himalayan region is a veritable treasure trove of therapeutic plants (Agrawal 1997, Agrawal et al., 2007).

Keywords: Garhmukteshwara, Medicinal plants, Ayurveda, Ethnobotany

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Introduction

Hapur district, located in the state of Uttar Pradesh, India, is part of the National Capital Region (NCR). It was established as a separate district in 2011, carved out from the Ghaziabad district. Its coordinates are approximately 28.7304° N latitude and 77.7800° E longitude. The altitude of Hapur is around 211 meters (692 feet) above sea level. The area of Hapur district in Uttar Pradesh, India, is approximately 1,755 square kilometers. The district is known for its agricultural activities, especially the production of grains, pulses, and sugarcane. Hapur is also recognized for its brassware and handicrafts industry. The district comprises three tehsils: Hapur, Garhmukteshwar and Dhaulana. Additionally, it has historical significance with sites like Garhmukteshwar, a prominent pilgrimage destination on the banks of the Ganges River. The district is well-connected through road and rail networks, contributing to its economic growth and development. Garhmukteshwar is a town located in the Hapur district of Uttar Pradesh, India. It holds historical and religious significance, primarily due to its ancient temples and the presence of the Ganga River., is rich in biodiversity and home to a wide variety of medicinal plants. This study aims to document and analyze the traditional uses of medicinal plants in this region. Ethnobotanical surveys conducted in various villages and forest areas revealed that the local communities utilize a diverse range of plant species for treating various ailments.

Materials and Mthod

Area under Study:

The region is primarily agricultural, with much of the land utilized for farming. However, Hapur does have some areas designated as forest land, which contribute to the local ecosystem by providing habitat for various flora and fauna. The forests in Hapur are part of the larger Indo-Gangetic plains, characterized by tropical dry deciduous forests. These forests are typically dominated by species such as teak, sal, and bamboo, along with a variety of shrubs and grasses. The

forest areas help in maintaining ecological balance, supporting biodiversity, and providing resources like timber and non-timber forest products to the local communities. Efforts are often made by the government and environmental organizations to preserve and enhance the forest cover through afforestation and conservation programs. These initiatives aim to combat deforestation, promote sustainable land use, and increase awareness about the importance of forests in the region.

Topography:

The region's elevation averages around 200 meters above sea level, with fertile alluvial soil ideal for agriculture. The district lacks major rivers but benefits from nearby river systems such as the Ganges and Yamuna, which influence groundwater levels and soil fertility. The area supports diverse crops, including wheat and sugarcane, and combines both urban and rural landscapes. Hapur's subtropical climate, with hot summers, a monsoon season, and mild winters, complements its agricultural suitability.







Hapur



Observation and data collection site Garhmukteshwara

Rivers and canals:

Hapur district, while not home to any major rivers, is influenced by nearby river systems and features several canals that play a crucial role in irrigation and water supply. Here are some key points about the rivers and canals in Hapur.

Influence of Nearby Rivers:

Ganges River: Although it does not flow directly through Hapur, the Ganges River's proximity significantly influences the district's groundwater levels and soil fertility.

Yamuna River: Similar to the Ganges, the Yamuna River is nearby and affects the region's water resources.

Irrigation Canals:

Upper Ganga Canal: This canal system, originating from the Ganges River, provides essential irrigation water to Hapur and surrounding districts, supporting the agricultural needs of the region.

Eastern Yamuna Canal: This canal helps distribute water from the Yamuna River, aiding in irrigation and maintaining the agricultural productivity of the district.

Minor Streams and Water Bodies:

The district also features smaller streams and water bodies that contribute to local irrigation and water needs.

These canals and the influence of nearby rivers are vital for maintaining Hapur agricultural activities, ensuring water availability, and supporting the overall rural economy.

Geology and Soil:

A thick layer of Indo-gangetic alluvium from the Pleistocene to the subrecent periods mainly covers the district Hapur from a geological perspective. The alluvium was formed by a continuous and malleable sequence of subaerial and river deposits that included layers of clay, sand, and slit interbedded with one another. Because to its relatively low annual rainfall, Hapur experiences a semi-arid climate. Extreme heat (45°C) and cold (6.2°C to 1°C) are both possible in the Hapur district. The weather is very periodic and falls into one of three distinct vegetational periods:

- 1. The dry and hot session March to June
- 2. The dry and cold winter October to February
- 3. Warm monsoon period July to September

Rainfall:

Beginning in the final week of June or the first week of July, this region experiences the monsoon. Total yearly rainfall ranged from 763 to 1247 mm from 2002 to 2004. From July through September, we get the majority of our annual rainfall.

Wind:

June has the strongest winds, while November has the lightest. The wind often blows from the west to the northwest from the months of September through May.

Methodology:

1. Collection of plants:

Plants were collected throughout the year and from Garhmukteshwar tehsil in the Hapur district. At least four times per season, the plants were gathered. All kinds of natural plants, including annuals, perennials, and ornamentals, were sought after during the plant excursions. To cover as much ground as possible, excursions were scheduled. Rainy, winter, and summer were the three seasons used for collecting plants.

2. Preservation of Plants:

The plants were stored following each harvest. The plants were allowed to dry before being correctly mounted on herbarium sheets of the typical size (16.5° x 11.5"). In order to identify all ecological varieties, plants were collected from every tehsil and block. The plants were dried by pressing them between rough papers and blotting papers. A solution of 1% HgCl2 in rectified spirit was used to poison the preserved plants, and then they were securely stored. As a repellant, herbarium sheets were placed in herbarium almirahs and periodically fumigated with formaldehyde using napthalene balls.

A thorough examination of the plant characteristics, along with comparisons to all existing standard flora and other taxonomic literature, allowed for the plants' identification.

Conclusion:

The research points to the need of better cooperation in the Hapur district's medicinal plant sector. The government, nongovernmental organisations (NGOs), and research groups must work together to accomplish this in the fields of conservation, biodiversity, and healthcare. The city's inhabitants still hunt for and use plants that have long been used as traditional remedies in the countryside. Despite the intense urbanisation in the area, medicinal plants continue to play an important role in the health care of the inhabitants. Some species may be limited in their ability to spread due to present overexploitation, soil compaction from trampling, and urbanisation. Therefore, sustainable cultivation and harvesting programmes in the Ghaziabad area should be initiated, and multifaceted efforts should be made to preserve these valuable species for future usage. The writers are deeply indebted to the Hapur district residents for generously sharing their ethnobotanical wisdom. For his help with the information, I am also grateful to Dr. Bhupesh Gupta.

3. Identification:

Table 1: List of most important local available Medicinal plants of Garhmukteshwar (U.P.) India

S.N.	Hindi and English Name	Botanical name	Family	Plant part medicinal uses
1.	शिरीष	Albizzia lebbeck	Fabaceae	Female disorders, respiratory ailments, Jaundice
2.	Woman's tongue नल	Arundo donax	Poaceae	Gastritis , Gastric Ulcer, colic
-	Giant reed	_ , ,		bloating and decreased apetite
3.	अपामार्ग Devil's horsewhip	Achyranthes aspera	Amaranthaceae	Bleeding, bronchitis, debility dropsy, cold, dog bite
4.	बेल	Aegle marmelos	Rutaceae	Antimicrobial, antiviral, anti inflammatory, anti infertility
5.	Stone apple	Anthocephalus indicus	Rubiceae	Fever, uterine complaints,
J.	कदम्ब Bur flower tree	Annocephaus maicus	Rubiceae	tumour, anaemia,
6.	बब्ल	Acacia arabica	Fabaceae	Relieves pain and
	Egyptian thorn			irritation, wound healing,
7.	खैर	Acacia catechu	Fabaceae	Blood pressure, dysentery,
	Cutch tree			colitis, gastric problems
8.	सप्तपर्ण	Alstonia scholoris	Apocynaceae	
	Scholar tree		_	Treatment of malaria, jaundic
9.	नीम	Azadirachta indica	Meliaceae	Treats Fungal Infections,
	Indian lilac			increases immunity
10	श्वेत वासा	Adhatoda vasica	Acanthaceae	
	Malabar nut			Anti-inflammatory, anti- bleeding, bronchodilator
11	अतिबला	Abutilon indicum	Malvaceae	·
	Country mallow			Cout tuboroulosis ulcoro
10	उलट कंबल	A Lucius a accountant	Malvaceae	Gout, tuberculosis, ulcers
12	Devil's cotton	Abroma augustum	Maivaceae	Diabetes insipidus,
				sleeplessness, carbuncle
13	प्याज़	Allium cepa	Amaryllidaceae	Dysentery, ulcer wounds, scar
	Onion			keloids
14	लहसुन	Allium sativum	Amaryllidaceae	Flatulence, dysentery, liver

	Garlic			disorders, tuberculosis,
15	घृत कुमारी Aloe	Aloe vera	Asphodelaceae	Dandruff, Minor burns, Skin abrasions
16	सतावर Shatawari	Asparagus racemosus	Asparagaceae	Diabetes, HIV/AIDS, lactation
17	गुंजा या रती Coral Bead/Rosy pea	Abrus precatorius	Fabaceae	Prevent rabies, fever, cough and cold.
18	खोकली Indian acalypha	Acalypha indica	Euphorbiaceae	Anti-diabetes, anti- hyperlipidemic, anti-obesity
19	दमनक Common mugwort	Artemesia vulgaris	Asteraceae	Boost energy, calm nerves, support digestion
20	कमल कैक्टस Century plant	Agave Americana	Asparagaceae	Constipation, cancer, male- pattern baldness
21	माणक Giant taro	Alocasia indica	Araceae	Control bleeding and reduce swelling
22	मत्स्याक्षी Sissoo spinach	Alternanthera sessilis	Amaranthaceae	Hepatitis, tight chest, bronchitis, asthma
23	स्वर्णक्षीरी/ सत्यानाशी Mexican poppy	Argemone maxicana	Papaveraceae	Tumors, warts, skin diseases
24	जंगली पुदीना Billygoat-weed	Ageratum conyzoides	Asteraceae	Dyspepsia, eye problem, uterine disorders
25	कोकिलाक्ष/तालमखाना Long Leaves Barleria	Asteracantha longifolia	Acanthaceae	Rheumatism, inflammation, jaundice
26	कचनार Orchid tree	Bauhinia variegata	Fabaceae	Antibacterial, antidiabetic, analgesic
27	कनियार/गुलाबी कचनार Camel's foot/ butterfly tree	Bauhinia purpurea	Fabaceae	Anti-inflammatory, anti- diarrheal, anticancerous
28	बांस /वंश Bamboo	Bambusa arundinacea	Gramineae	Various inflammatory conditions
29	दंती Red physic nut	Baliospermum montanum	Euphorbiaceae	Dropsy, anascara, and jaundice
30	पुनर्नवा Hogweed	Boerhavia diffusa	Nyctaginaceae	Pain relief, anti-inflammation, and treating indigestion
31	पथरचटा Kalanchoe	Bryophyllum pinnatum	Crassulaceae	Diabetes, diuresis, dissolving kidney stones
32	बेल पालक Malabar Spinach	Basella alba	Basellaceae	Improve testosterone levels in males
33	वज्रदंती Porcupine flower	Barleria prionitis	Acanthaceae	Catarrhal affections, whooping cough, inflammations

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34	सरसों Field mustard	Brassica campestris	Brassicaceae	Itching, Skin allergic conditions,Skin diseases
35	राई Black mustard	Brassica nigra	Brassicaceae	Common cold, painful joints and muscles
36	पातगोभी Cabbage	Brassica oleracea	Brassicaceae	Gout and rheumatism
37	शिवलिंगी Lollipop climber	Bryonopsis laciniosa	Cucurbitaceae	Sexual dysfunction, impaired fertility
38	ताड़ / पामीरा पाम Tal palm	Borassus flabellifer	Arecaceae	Psychiatric conditions, hepatomegaly and acidity.
39	अमलतास Golden shower	Cassia fistula	Fabaceae	Joint pain, migraine, chest pain
40	श्लेष्मातक Indian cherry	Cordia dichotoma	Boraginaceae	Diarrhea, leprosy, gonorrhoea and burning sensation
41	करोंदा Karanda	Carissa carandas	Apocynaceae	Acidity, indigestion, fresh and infected wounds
42	भांग Marijuana	Cannabis sativa	Cannabaceae	Pain, spasms, asthma, insomnia,
43	सुदर्शन Poison bulb	Crinum asiaticum	Amaryllidaceae	contusions, earache, edema, fever, fractures
44	कासमर्द Coffeeweed	Cassia occidentalis	Caesalpiniaceae	Antibacterial, antifungal, antimalarial, anti-inflammatory
45	चक्रमर्द Sickle senna	Cassia tora	Caesalpiniaceae	Antiperiodic, anthelmintic, ophthalmic, liver tonic
46	वैजयंती Job's tears	Coix lacryma	Poaceae	Diuretic, spleen, lung, dispel dampness and heat
47	शिमला मिर्च Bell pepper	Capsicum annuum	Solanaceae	Foothache, poor circulation, fever, hyperlipidemia
48	कागजी नींबू Citron	Citrus medica	Rutaceae	Anti-catarrhal, capillary protector, anti-hypertensive
49	अमरबेल Giant dodder	Cuscuta reflexa	Convolvulaceae	Bilious disorders
50	मोथा Coco-grass	Cyperus rotundus	Cyperaceae	Malaria, and stomach and bowel disordera
51	नागरमोथा Nutgrass	Cyperus scariosus	Cyperaceae	Astringent, antimicrobial, hypotensive
52	मंदार'/ आक Giant milkweed	Calotropis gigantean	Apocynaceae	Sinus fistula, rheumatism, mumps, burn injuries
53	मंदार'/ आक Apple of sodom	Calotropis procera	Apocynaceae	Antidote for snake bite, body pain
54	कुन्द्र Baby watermelon	Coccinia indica	Cucurbitaceae	Earache, indigestion, eye infections, nausea,

55	पपीता			
33	Papaya	Carica papaya	Caricaceae	Antibacterial, antiviral, antitumor
56	मदनमस्त Queen sago	Cycas circinalis	Cycadaceae	sores and swellings
57	द्ब या दुर्वा Bermuda grass	Cynodon dactylon	Poaceae	Convulsions, cough, cramps, diarrhea, dropsy
58	बथुआ lamb's quarters	Chenopodium album	Amaranthaceae	Anthelmintic, cardiotonic, carminative, digestive
59	<u>लाल कद्दू</u> Giant pumpkin	Cucurbita maxima	Cucurbitaceae	Urinary disorders, blood pressure regulation
60	नींब् Lemon	Citrus medica	Rutaceae	Antimicrobial, analgesic, strong antioxidant, anticancerous
61	हल्दी Tumeric	Curcuma longa	Zingiberaceae	Hepatic disorders, rheumatism, and sinusitis.
62	लाल मुर्गा Cockscomb crested	Celosia species	Amaranthaceae	Headache, sores, ulcers, eye inflammations
63	हुरहुर Asian spider flower	Cleome viscose	Cleomaceae	Hypertension, malaria, neurasthenia
64	धनिया Coriander	Coriandrum sativum	Apiaceae	Constipation, diarrhea, gas (flatulence), nausea
65	बड़ा निम्ब् Buddha's finger	Citrus medica ver.lypica	Rutaceae	Abdominal colic, digestive disorder
66	रात चमेली Night Jasmine	Cestrum nocturnum	Solanaceae	Analgesic, antifungal, anti- convulsant
67	लाल मुर्गा Cockscomb crested	Celosia cristata	Amaranthaceae	Eye inflammations, skin eruption, painful menstruation
68	भांट Hill glory bower	Clerodendrominfortum laminaceae	Lamineceae	Vermifuge, anticonvulsant, antidiabetic
69	सफेद मूसली Indian spider plant	Chlorophytum arundianaceum	Asparagaceae	Diabetes, arthritis and increasing body immunity
70	पाठा Velvet leaf	Cissampelos pareira	Menispermceae	Rheumatism, fever, asthma, cholera, diarrhoea
71	फ़रीद बूटी Broom creeper	Cocculus hirsutus	Menispermceae	Skin diseases, stomach disorders, urinary diseases
72	काना Benghal day flower	Commelina species	Commelinaceae	Sore throat, opthalmia, burns, pain
73	पटसन White jute	Corchorus capsularis	Malvaceae	Aid to digestion, as a laxative and as a stimulant.

74	सिल्क कॉटन' Kapok tree	Ceiba pentandra	Malvaceae	
		•		Diuretic, as an aphrodisiac
75	<u>अरबी</u> Taro	Colocasia esculenta	Araceae	Diarrhea, internal hemorrhage, neurological disorder
76	<u>अपराजिता</u> Butterfly Pea	Clitoria ternatea	Fabaceae	Anxiolytic, antidepressant, anticonvulsant
77	तेज पत्ते Variegated laurel	Croton species	Euphorbiaceae	Fever, hypercholesterolemia, hypertension
78	शीशम North indian rosewood	Dalbergia sissoo	Fabaceae	Inflammations, infections, hernia, skin diseases
79	काला धत् रा Horn of plenty	Datura metel	Solanaceae	Toothache, and fever from inflammation
80	धत्रा Thorn apple	Datura stramonium	Solanaceae	Stomach and intestinal pain
81	कुश Halfa Grass	Desmostachya bipinnata	Poaceae	Diuretic, antidiarrheal
82	हवार Medhshingi	Dolichandrone falcata	Bignoniaceae	Menorragia and leucorrhoea.
83	सेम Hyacinth bean	Lablab purpureus	Fabaceae	Hypocholesterolemic, galactagogue
84	नीलगिरी Southern blue gum	Eucalyptus globules	Myrtaceae	Intestinal disorders, catarrhal condition
85	बड़ा दुधी Asthma weed	Euphorbia hirta	Euphorbiaceae	Dysentery, jaundice, pimples, gonorrhoea
86	जामुन Indian blackberry	Eugenia jambolana	Myrtaceae	Swelling ,gastritis, constipation
87	आंवला Indian gooseberry	Emblica officinalis	Zingiberaceae	Anemia, blood purifier,eye care,hair care
88	इलायची Cardamon	Eletteria cardamomum	Zingiberaceae	Teeth and gum infections, cataracts, Nausea
89	रामबाँस युक्का Pinwheel flower	Ervatamia divaricata	Apocynaceae	Anti-epileptic, anti-mania, brain tonic
90	गूलर Cluster Fig tree	Ficus glomerata	Moraceae	Hepatoprotective, gastroprotective, hypoglycemic
91	पीपल वृक्ष Sacred fig	Ficus religiosa	Moraceae	antiulcer, antibacterial, antidiabetic
92	प्लक्षा) Java fig	Ficus lacor	Moraceae	Herpes, wounds, mouth ulcers, diarrhea
93	कठगूलर Hairy fig	Ficus hispida	Moraceae	Anemia, piles jaundice, vitiligo, hemorrhage

94	बरगद			
	Indian banyan	Ficus benghalensis	Moraceae	Ulcers, erysipelas, vomiting,
				vaginal complains

95	रबर वृक्ष Rubber fig	Ficus elastic	Moraceae	Skin infections and skin allergies
96	अंजीर Common fig	Ficus carica	Moraceae	Inflammatory, and cardiovascular disorders
97	सौफ Foeniculum vulgare	Foeniculum vulgare	Apiceae	Ailments related to digestive, endocrine
98	पित्तपापड़ा Fumitory	Fumaria indica	Papaveraceae	Laxative and diuretic
99	गुड़हल Chinese Hibiscus	Hibiscus rosa sinesis	Malvaceae	Cholesterol production, and cancer progression.
100	हुलहुल African spider flower	Gynandropsis gynandra	Cleomaceae	Fever
101	फालसा Phalsa	Grewia asiatica	Malvaceae	Toxemia, stomatitis, hiccough, asthma
102	<mark>ত্রাঁ</mark> Barley	Hordeum vulgare	Poaceae	Skin abnormalities, arthritis, digestive diseases
103	लता कस्तूरी Musk mallow	Hibiscus abelmosehus	Malvaceae	loss of appetite, and stomach cancer
104	चिलबिल Indian elm	Holoptelia integrifolia	Ulmaceae	Nausea, diabetes, indigestion,
105	उल् Spear grass	Imperota cyclindria	Poaceae	Bacterial infections
106	बेहया Blush morning glory	Ipomea fistulosa	Convolvulaceae	Spasmogenic, hypoglycemic, hypotensive
107	<mark>दुध्या</mark> Black Creeper	Ichnocarpus frutescens	Apocynaceae	Glossitis, heamaturia, measles
108	नीलि नर्गन्डि Willow leaved justicia	Justicia gendarussa	Aconthaceae	Asthma, hepatic injuries, pathogenic infection
109	चमेली Common jasmine	Jasminum officinale	Oleaceace	Liver disease, abdominal disease
110	जूही के फूल Juhi jasmine	Jasminum auriculatum	Oleaceace	Treatment of wounds, diseases of the oral cavity
111	टमाटर Garden tomato	lycoperscion esculentum	Solanaceae	Burns/ scalds
112	मेंहदी Henna tree	lawsonia inermis	Lythraceae	Antiparasitic, antiviral, anticancer

113	<u>जरुल</u> Pride of india	Lagerstroemia flos reginae	Lythraceae	Bladder problems and hypertension
114	<mark>लौकी</mark> Bottle gourd	Lagenaria vulgaris	Cucurbitaceae	Piles, colitis, insanity, hypertension
115	छत्तियानाशी Wild sage	Lantana cammora	Verbeneceae	Ulcers, swellings, eczema, tumors
116	द्रोणपुष्पी Head leucas	Leucas cephalotes	Lamiaceae	Cough, fever scorpion stings
117	अलसी Linseed	Linum usitatissimum	Linaceae	Anti-diarrheal, anti-malarial, hepato-protective
118	तोरई घिया Smooth luffa	luffa cylindrica	Cucurbitaceae	Arthritis pain, muscle pain, and chest pain
119	चन्द्रशूर Bitter cress	Lepidium didymum	Brassicaceae	Cancer, gangrene and haemorrhoids.
120	जल पिप्पली Frog fruit	Lippia nodiflora	Verbeneceae	Boils, diarrhoea, joint pain, indigestion,
121	नारंगी चमेली Orange jasmine	Murraya paniculata	Rutaceae	Cough, hysteria and rheumatism
122	करी पते Curry leaf tree	Murraya koenigii	Rutaceae	Fresh cuts, dysentery, bruises, and edema.
123	शहतूत Mulberry	Morus indica	Moraceae	Dizziness, insomnia, premature aging
123	<mark>छुईमुई</mark> Humble plant	Mimosa pudica	Fabaceae	Urogenital disorders, piles, dysentery, sinus,
124	<mark>केला</mark> Bananas	Musa paradisiaca	Musaceae	Ulcerative colitis, diabetes, sprue, uremia
125	आम Mango	Mangifera indica	Anacardiaceae	Hypertension, insomnia, rheumatism, toothache
126	सहजन Drum stick tree	Moringa oleifera	<u>Moringaceae</u>	Edema, cancer, Stomach problems
127	बकुल Tanjong tree	Mimusops elengi	Spotaceae	Gastroprotective, antibacterial, antifungal
128	पहाड़ी पुदीना English mint	Mentha spicata	Lamiaceae	Cold, cough, asthma, fever
129	<mark>पुदीना</mark> Mint	Mentha species	Lamiaceae	Antimicrobial, carminative, stimulant
130	<u>बकायन</u> Chinaberry tree	Melia azadarach	Meliaceae	Analgesic, anti-Inflammatory
131	वन मेथी Sweet clover	Melilotus parviflora	Fabaceae	Hepatoprotective, neuroprotective, anti-irritant

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132	सुनिष्णक Water clover	Marsilea minuta	Marsileaceae	Treatment of cough and respiratory troubles
133	हरसिंगार Tree of Sadness	Nyctanthes arbor-tristis	Oleaceae	Anti-helminthic and anti- pyretic
134	कनेर Sweet-scented oleander	Nerium indicum rubrum	Apocynaceae	Adaptogenic, analgesic, aphrodisiac anticancer
135	पीला कनेर Indian Oleander	Nerium indicum	Apocynaceae	Stimulate cardiac muscles, relieve pain
136	कलोंजी Black caraway	Nigella sativa	Ranunculaceae	Antihypertensive, liver tonics, diuretics
137	त्रिखड़ा Garden pink-sorrel	Oxalis latifolia	Oxalidaceae	Diarrhoea, traumatic injuries, sprains
138	चंगेरी घास Creeping woodsorrel	Oxalis corriculata	Oxalidaceae	Influenza, fever, urinary tract infections
139	तुलसी Holy basil	Ocimum sanctum	Lamiaceae	Analgesic, adaptogenic and diaphoretic actions
140	वन तुलसी Common basil	Ocimum basilicum	Lamiaceae	Headaches, coughs, diarrhea
141	<u>मरुआ</u> Sweet marjoram	Origanum majorana	Lamiaceae	Respiratory and gastrointestinal problems
142	निसोध Thomas lidpod	Operculina turpethum	Convolvulaceae	Fistulas, constipation, chronic gout, fever,
143	चंगेरी घास wood sorrel	Oxalis acetosella	Oxalidaceae	Astringent, diuretic, emmenagogue, expectorant,
144	<u>षित्तपापडा</u> Old World Diamond- Flower	Oldenlandia corymbosa	Rubiaceae	Promote diuresis and relieve stranguria.
145	पुत्रजीव Lucky Bean Tree	Putranjiva roxburghii	Euphorbiaceae	Phlegm, skin ailment, aridity
146	अशोक-भेड़ False Ashoka	Polyalthia longifolia	<u>Annonaceae</u>	Helminthiasis, diabetes and cardiac problems
147	भुंई आंवला Virgate leaf-flowe	Phyllanthus simplex	Phyllanthaceae	Hepatopathy, hypertensive, diabetes
148	भुंई आंवला Child Pick-A-Back	Phyllanthus amarus	Phyllanthaceae	Genitourinary system, liver, kidney and spleen.
149	काकजंघा Panicled Foldwing	Peristrophe bicalyculata	Acanthaceae	Rheumatism
150	बड़ी अरणी Wind killer	Premna integrifolia	Lamiaceae	Cold, obstinate fevers, flatulence, urticaria
151	सफेद चित्रक	Plumbago zeylanica	Plumbaginaceae	Chronic rheumatoid arthritis,

-	Ceylon leadwort			skin diseases, tumerous growths
152	चंपा के फूल Red paucipan	Plumeria chinensis	Apocynaceae.	Anti-fertility, anti- inflammatory, antioxidant, hepato-protective
153	पीले अमरूद Yellow guava	Psidium guajava	<u>Myrtaceae</u>	Diarrhea, dysentery, stomach aches, and indigestion
154	खजूरी Wild Date Palm	Phoenix sylvestris	<u>Arecaceae</u>	Sore throats, fever, colds, intestinal troubles
155	उड़द Black Gram	Phaseolus mungo	Fabaceae	. Anti-inflammatory
156	जंगली मूंग Mudgaparni	Phaseolus trilobus	Fabaceae	Haemorrhoids, dyspepsia, sedative, coolant, anthelmintic
157	कणझी Indian Beech Tree	Pongamia pinnata	Fabaceae	Tumors, piles, skin diseases, and ulcers
158	अनार Crown jewel of the fruit world	Punica granatum	Lythraceae	High blood pressure, high cholesterol, hyperglycemia
159	<u>बकुची</u> Babchi	Psoralia corylifolia	Fabaceae	leukoderma, psoriasis, vitiligo, asthma, ulcers
160	कनक चंपा Maple-Leafed Bayur Tree	Pterospermum acerifolium	Sterculiaceae	ascites, cures ulcers, leprosy, constipation
161	<mark>पेटुनिया</mark> Violet-flowered Petunia	Petunia alba	Solanaceae	Flu, asthma, fever, bronchitis, high blood pressure
162	<u>मचेची</u> Common knotweed	Polygonam plebeium	<u>Polygonaceae</u>	Jaundice and hepatitis
163	बनारसी रसना Denseflower Knotweed	Polygonam glabrum	Polygonaceae	Renal and chest ailments
164	लाल गुलाचिन Firangipani	Plumeria ruba	Apocynaceae	Anti-inflammatory, antimicrobial
165	मूली Rat-tailed Radish	Raphanus sativus	Brassicaceae	Constipation, chronic tracheitis, and hypertension
166	तनिहो Cursed butter cup	Ranunculus sceleratus	Ranunculaceae	Eczema, herpes, pruritus, burns and swellings
167	अरंडी Castor oil plant	Ricinus communis	Euphorbiaceae	Bilharziasis, chronic backache , chronic headache
168	तरुणी White rose of york	Rosa alba	Rosaceae	Eye troubles, vaginal candidiasis, and laxative
169	वन पालक The curly dock	Rumex crispus	Polygonaceae	Gastrointestinal tract disorders, antihelminthic diseases

170	मरुल Bowstring hemp	Sansevieria roxburghiana	Asparagaceae	Antitumor, antibacterial, antidiabetic, antimicrobial
171	कांस Baruwa sugarcane	Saccharum munja	Poaceae	Burning sensation, herpes, duypepsia, dyscaria, erysipelas
172	गन्ना Sugarcane	Saccharum officinalis	Poaceae	Dysentery, diarrhea, menorrhagia ,enteritis
173	शाल्मलि Silk cotton tree	Salmalia malabarica	Bombacaceae	Hemoptysis, influenza, pulmonary tuberculosis
174	चंदन East Indian sandalwood	Santalum album	Santalaceae	Antipyretic, antiseptic, antiscabetic, diuretic
175	. কুৎনক Common sage	Salvia plebeia	Lamiaceae	Nephritis, hepatitis, bronchitis, common cold
176	<mark>घोड़ा तुलसी</mark> licorice weed	Scoparia dulcis	<u>Plantaginaceae</u>	Stomach-ache, kidney stones, kidney problems, and fever
177	सफ़ेद तिल Benne	Sesamum indicum	Pedaliaceae	Mildly laxative, emollient and demulcent
178	<u>बरियार</u> Common wireweed	Sida acuta	Malvaceae	Leucorrhoea, tuberculosis, diabetes, malarial and other fevers
179	बाला Flannel weed	Sida cardifolia	Malvaceae	Numbness, nerve pain, muscle cramps, skin disorders
180	<u>सहदेव</u> Jelly leaf	Sida rhombifolia	Malvaceae	Gastrointestinal dysentery, fevers, asthma and inflammation
181	महाबला बाला Arrow leaf	Sida rhomboidea	Malvaceae	Fever, heart diseases, burning sensations, piles
182	प्रसारिणी बाला Flannel weed	Sida veronicaefolia	Malvaceae	Treat asthma, tuberculosis, the common cold, flu, headaches,
183	बेंगन Egg plant	Solanum melongena	Solanaceae	Cardiac debility, neuralgia, ulcer in nose
184	जंगली भाटा Bruhati	Solanum indicum	Solanaceae	Dropsy, chest pain, chronic fever, colic
185	कंटकारी Yellow fruit night shade	Solanum xanthocarpum	Solanaceae	Infectious and degenerative diseases
186	मकोय Black night shade	Solanum nigrum	Solanaceae	Aching teeth, stomach ache, tonsillitis, wing worms, pain
187	<mark>काला मकोय</mark> Night shade	Solanum rubraum	Solanaceae	Burns, corns, cough, cystitis, fistula, prostatitis
188	आलू Irish potato	Solanum tuberosum	Solanaceae	Scurvy, spasms, tumors, and warts

189	बन तमाख् Mullein Nightshade	Solanum verbascifolium	Solanaceae	Dysentery, fever, diarrhea, digestive problems
190	पालक Spinach	Spinacia oleracea	Amaranthaceae	Treat stomach and intestinal complaints and fatigue
191	ज्वार Indian millet	Sorghum vulgare	Poaceae	Inflammation
192	शुगरलीफ Candy leaf	Stevia rebaudiana	<u>Asteraceae</u>	lowering blood pressure, treating diabetes, high uric acid levels
193	<u>घमरा</u> Coat buttons	Tridax procumbens	Asteraceae	Bronchial catarrh, diarrhea, dysentery and liver diseases
194	अर्जुन Arjun tree	Terminalia arjuna	Combretaceae	Cardiotonic in heart failure, ischemic, cardiomyopathy, atherosclerosis,
195	पीला कनेर Yellow oleander	Thevetia peruviana	Apocynaceae	External wounds, infected area, ring worms, tumours
196	<u>वर्षाभ्</u> Black Pigweed	Trianthema portulacastrum	Aizoceae	Analgesic, stomachic, laxative, treatment of blood disease,
197	गुड़खुल Puncture vine	Tribulus terrestris	Zygophyllaceae	Chest pain, heart problems, dizziness, skin and eye disorders
198	गिलोय Heart-leaved moonseed	Tinospora cordifolia	Menispermaceae	Jaundice, chronic diarrhea, cancer, dysentery, bone fracture
199	गेहूँ Bread wheat	Triticum aestivum	Poaceae	Rheumatoidarthritis, hyperlipidemia, thalassemia, anemia
200	मेथी Fenugreek	Trigonella foenum	Fabaceae	Respiratory infections
201	मोरपंखी Chinese arborvitae	Thuja orientalis	Cupressaceae	loosen phlegm (as an expectorant), to boost the immune system (as an immunostimulant
202	बहेड़ा Bastard myrobalan	Terminalia bellerca	Combretaceae	Hepatitis, bronchitis, asthma, dyspepsia, piles
203	सागौन Teak	Tectona grandis	Verbenaceae	Skin diseases and diarrhoea
204	इमली Tamarind	Tamarindus indica	Fabaceae	Dry eye, constipation, parasite infections
205	हरड़ Chebulic myrobalan	Terminalia chebula	Combretaceae	Increase appetite, digestive aid, liver stimulant
206	पारस पीपल Bendy tree	Thespesia populnea	Malvaceae	Antifertility, antibacterial, anti-inflammatory, antioxidant
207	सदाबहार Bright eyes	Vinca rose	Apocynacea	Diabetes, high blood pressure

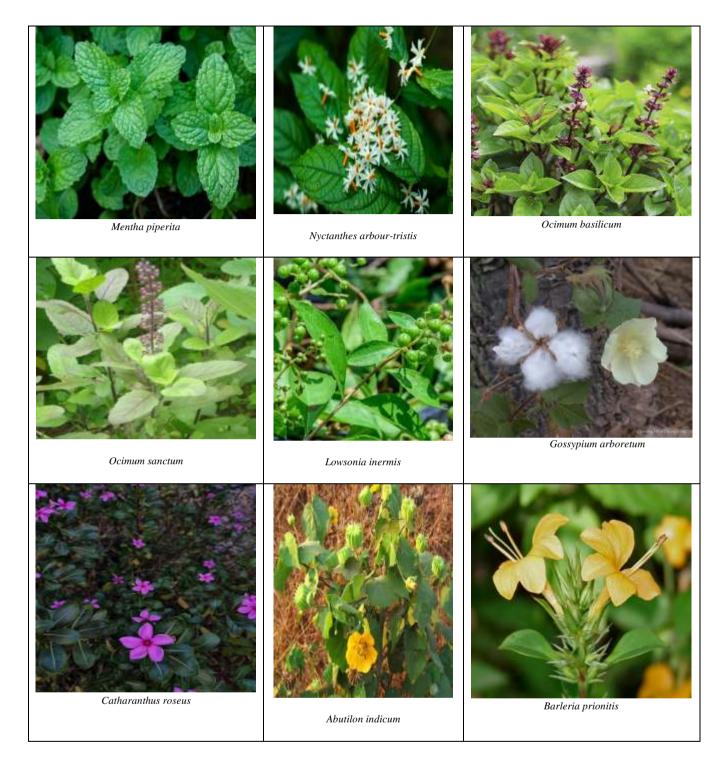
208	बचीता Congo jute	Urena lobata	Malvaceae	Fractures, wounds, mastitis and snake bites
109	अश्वगंधा Winter cherry	Withania sominifera	Solanaceae	Anxiety, cancer, microbial infection, immunomodulation
210	<mark>पीला भंगरा</mark> Pilabhamgara	Wedelia chinensis	Asteraceae	Cough, headache, hair loss, lice, strengthening the nervous system
211	बेर Indian Jujube	Zizyphus jujube	Rhamnaceae	Asthma, cough, and laryngitis, constipation, colitis
212	अदरक Zinger	Zingiber officinale	Zingiberaceae	Headaches, indigestion, nausea, vomiting, and cancer.
213	गेंदा African marigold	Tagetes erecta	Asteraceae	Calm the nerves, and reduce blood pressure.
214	बादर भेड़ Chinese date	Zizyphus vulgaris	Rhamnaceae	Diabetes, high levels of cholesterol or other fats (lipids) in the blood (hyperlipidemia)

Table:2 some Important photograph of site observation









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